



GUARDIAN weapon WORKSHOP



The Guardians are offering all Black Sashes the opportunity to take part in a Workshop to extend and consolidate their knowledge and improve their performance for their next grading.

You will work in grade groups with experienced Guardians to hone your skills and identify any uncertainties in how the set is to be performed or how the techniques could be used.

Any unresolved questions will form the bases of a question and answer session with Master Yau at a scheduled time in the day.

This will provide you with an opportunity to establish exactly what he will be looking for when you come for your Grading thus improving your prospects for a good result.

Master Yau will share his time equally amongst all the groups during the day.

Please bring your own weapons appropriate to your grade

Please note, places will be limited so you will need to book early to secure your place.

Visit: www.laugar-kungfu.com for application form

Date: 18 April 2010 **Time:** 10.00AM-4.00PM

Venue:

Penkridge Leisure Centre
Cannock Road
Penkridge
South Staffordshire
ST19 5RX

Course costs: £40

